

# **Tops for Tots Program**

## Baby Hat Pattern

### **FOCUS:**

The Brighten Group provides all new babies born at the Saint John Regional Hospital with a disposable hat and a hand knitted baby hat packaged as a gift to take home. Research has proven that newborns do not drop their birth weight if they wear a hat.

### **Yarn and Needles:**

All yarn used should be **soft** (appropriate for a baby), machine wash and dry . No buttons, pom poms, strings, ribbons, flowers or other attachments as they may be a choking hazard.

Please do not package hats individually. They all have to be washed by the hospital before they are packaged for distribution.

Yarn should be fingering weight to DK weight.  
Use double pointed needles 3.25 mm to 4mm.

### **Instructions:**

For fine weight baby yarn (fingering weight) cast on 88 stitches.  
For double knitting yarn (DK weight) cast on 72 stitches.

\*\* K2, P2 for 7 inches

Decrease for crown:

\*\* K2,P2,K2,P2 together all around

\*\* K2,P2,K2,P1 all around

\*\* K2, P2 together, K2,P1 all around

\*\* K2, P1, K2, P1 all around

\*\* K2,P1, K2 together, P1 all around

\*\* K2,P1,K1,P1 all around

\*\* K2 together, P1,K1,P1 all around

\*\* K1,P1,K1,P1 all around

\*\* K2 together all around

\*\* K2 together all around

\*\* Draw yarn through remaining stitches and finish off

Please include your name and contact information with your donation.

**Thank you to all knitters, from St Stephens to Sussex, who support this important program!**